

Smart Habits Daily Tracker

Smart Habits that help toddlers think smarter everyday

Child's Name

Month :

Morning Habits

- ☐ Read one page together
- ☐ Ask one "why" question
- ☐ Practice one new word
- ☐ Quick stretch or movement game
- ☐ Share one positive thought

M	T	W	T	F	S	S
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Afternoon Habits

- ☐ Count something (stairs, toys, spoons)
- ☐ Sort items by color/size
- ☐ Sing one rhyme or song
- ☐ Draw or scribble for 5 minutes
- ☐ Tell a mini-story together

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Monthly Reflection

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How satisfied are you with your toddler's development ?



Above Expectation



Expected



Working towards Expectation



Please mark your selection